



Dear Parents and Carers,

Parent Governor vacancy

We have a parent governor vacancy on our Governing Body (FGB). Nominations for Parent Governor vacancies are made by parents of pupils registered at school. Parent Governors serve for a term of four years irrespective of how long your child remains as a registered pupil of the school. This is an exciting opportunity to have a privileged and responsible role. You'll have the opportunity to make a difference for children now, and in the future. It will also be a chance to learn and develop new skills. Nominations should be returned to the clerk of the FBG by noon on 20th January (next Friday).



School marketing

Thank you to everyone who has been interacting with our social media posts – it's been great to see an increase in 'likes and shares'! This has been particularly beneficial for our Spiritual Garden team who have had some wonderful offers of help and resources. Thank you!

Returning staff

This week we welcomed back Mrs Gale who leads on our Burrow provision. We also welcomed back Mrs Store from her maternity leave. It is a pleasure to welcome back Mrs Gale and Mrs Store into our teaching teams and the children have been very excited.

Mrs Elizabeth Killin
Headteacher

Upcoming Events



THESE ARE SOME OF THE DATES FOR THIS TERM

Thursday 19th January – Young Voices Concert at the O2

Thursday 19th January – Badminton Competition

Thursday 19th January – Chinese School Meal

Monday 13th - Friday 17th February – Spring Half Term

Christian and Learning Values

Well done to the following children who received a values award this week:

Commitment: Ezra (Maple), Nam (Fox), Noah (Badger), Adam (Squirrel), Howard (Hedgehog)

Resilience: Callum J (Kestrel)

Perseverance: Gracie H (Hawk), Olivia (Chestnut)

Truth: Archie (Eagle)

Love and Respect: Alex (Oak)

Kindness: Emilia (Squirrel)

Fine Diners

Winners this week:

Mason P (Hawk), Maggie-Rae (Hedgehog), Lena-Jane (Hedgehog), Aston S (Hedgehog), Oscar C (Badger), Bridelouise (Badger) and Akein G (Kestrel)

Well Done!



Attendance



Class	Week Ending 13/01/23
Bumblebee	97%
Ladybird	84.45%
Hedgehog	93.15%
Squirrel	91.7%
Badger	93.3%
Fox	98.10%
Chestnut	90.85%
Oak	90.40%
Maple	95.3%
Eagle	98.4%
Hawk	91.75%
Kestrel	86.5%
100 % Attendees	263

Some much higher scores this week for attendance and another week of prizes and hamsters for Eagle class – well done! Fox class were so close behind, I am sure they will be the winners soon. It is also great to see Bumblebee class scoring so well and Maple are on the up. There are only 12 more school days in January for the many children aiming for the first January wristband – a red one for the first month!

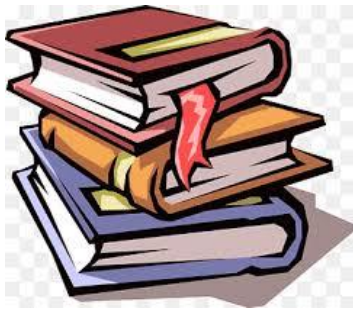
Mrs Gray
Deputy Headteacher

Words of the Week

Vocabulary!

As a school, we have done lots of work with the children on developing their vocabulary. Each week we share our words of the week (linked to our topic and curriculum learning) and unpick what they mean. We use the word in different contexts, find synonyms, act them out, draw pictures and many more strategies to help us to remember them.

Developing children's vocabulary really impacts their speaking skills as well as their reading and writing. Listed below are next week's words of the week so you can discuss these with your children at home!



Words of the week next week:-

Year 5 and Year 6 – Nocturnal and Diurnal
Year 3 and Year 4 – Vapour and Reference
Year 1 and Year 2 – Oceans and Continents
Reception – Spring and Summer

Top Classes for using TTRS this week



1st Maple
2nd Kestrel
3rd Eagle

Highest number of coins this Year

1st Mason V
2nd Victor
3rd Shariq

Most Improved Studio Speed

1st Zoltan
2nd Yasmin
3rd Thaksmiga

Numbots (Key Stage 1) – highest number of coins earned this year

1st Nam
2nd Oscar
3rd Nathan

Congratulations on passing the next stage of Numbots: Arthur, Keaton and Jaden

HOUSE POINTS

1st Dragon 2nd Unicorn 3rd Griffin 4th Phoenix

KS1 Chinese Dance Workshop

To launch our new topic, 'China' children in Year 1 and 2 took part in a dance workshop on Monday. The children learned traditional Chinese dances using fans, parasols and a dragon! As well as learning these dances, the children learned that Chinese New Year 2023 is the year of the rabbit and will start on Sunday 22nd January. The children also learned how to say "Happy Chinese New Year" in Mandarin: "xin nian kuai le" (pronounced shin nee-an kwai le).

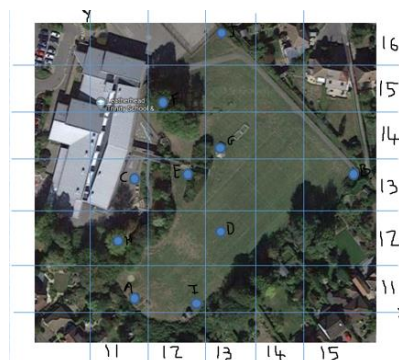


The children thoroughly enjoyed their immersive dance experience.

KS1 Team

Year 5 & 6 IMMERSION DAY: ISLANDS

At the start of our immersion day, we found out that we had been dropped onto an island and had to find different tools to help us survive. To find the tools, we had to use the co-ordinates on the map to search for them around 'Trinity Island.' We learnt about six-figure grid references to pin-point exact locations.



As part of our day we learnt about the Spice Islands of Indonesia and the importance of spices in preserving food and adding flavour. For D.T, we made campfire flatbreads to eat on our 'survival island.' We added herbs and different spices to our flatbread dough and then went outside to cook them on the campfire.



Chestnut Learning

Since returning to school we have been very busy launching into lots of new topics. In Literacy we are continuing to develop our narrative skills by writing our own version of 'Where the Wild Things Are'.

This week we have been concentrating on description for the story setting. Our Geography learning this half term is focusing on Surrey. Yesterday we plotted the major towns of Surrey on to a map and researched some of those towns to learn about their geographical features. We discovered that Epsom has a clocktower which some of us mistook for Big Ben. On explaining that Big Ben is in London someone suggested that perhaps Epsom's Clocktower was 'Small Ben'!

In art we have been exploring pattern. We spent time looking at an artist who creates patterns by piercing different sized holes in paper. The paper becomes textured on each side. The artist developed this for her mother, who is blind, as way of allowing her to feel her artwork - almost like Braille.

We have become typists in computing and have begun to learn how to touch type. We have been learning that each finger has a different function when operating the keyboard. Who knew that the little finger had so much work to do!

Here are some photos of us trying to improve our 'words per minute' on the keyboard.

Mrs MacDiarmid
Chestnut Teacher



How can we promote a healthier lifestyle for our children?

January is often a time when we start to make plans to eat healthier and get fitter. Below are some suggestions on how we can promote a healthier lifestyle for our children and become physically fitter.

How can I improve my child's health?

Health tips:

New let your children avoid nutritious food!

Your child should not decide what food they will eat for dinner. Parents should decide which food to buy and serve.

Your child won't go hungry to bed; they will eat what's available in the fridge. Allowing them to eat their favourite snack once in a week is fine but not always.

Let you child enjoy the food

Always see to it that your child enjoys the food. Make your child's food fun. Add the element of fun by opting for different fillings and preparations every day or ask your child to spot different kinds of dishes on the table or fruits or vegetables.



Breakfast is the most important meal of the day



Parents should always encourage their children to have a healthy breakfast. After a good night's sleep, your child needs good food to stay active and concentrate at school. Your child's performance at school will also go up, because your child will be less hungry till lunch. A bowl of cereal with milk is an excellent option for breakfast.

Teach them to wash their hands often

The fastest way for your child to fall ill is through eating without washing hands. When your child plays, or touches something, the germs gets transported through that something via the hands to the mouth.

Hence, always instil the habit of washing hands regularly in your children to keep them away from health problems. Plus teach them to never put their hands in their mouth or bite nails.



Exercise is essential as well

Establish exercise habits in your children as early as possible, say by the age of 5-6. Heavy weight training exercise is not advisable but daily 10-15 minutes of exercises like stretching or brisk walking should be

instilled. Exercises like cycling, jumping ropes or swimming should be encouraged in children.

Sleep is important for your child

The most important issue for children is to get enough sleep. It is essential that your young child gets at least 10 to 11 hours of a good night's sleep.



If your child doesn't get good sleep, then there are high chances that your child will doze off at the desk, not pay attention in class and come home exhausted and irritated. Besides, a regular sleeping pattern makes sure that your child enjoys some quiet time without television before his bedtime.

A well balanced diet will preserve good health

Include a nice well balanced diet in your child's eating habits. Foods like green leafy vegetables, omega 3 fatty fishes and fruits are good for a child's mental and physical health.



Water is crucial

Besides good food, water is also essential for a child's healthy lifestyle. Parents should encourage their children to drink at least 5-9 glasses of water every day.

Sneezing and coughing etiquette

Show your children the right manner of sneezing to avoid germ transfer. Teach your children to cough or sneeze into tissue or inside of the elbow. Ask them to not use hands and dispose the tissue soon after use.

Too much TV and computer isn't good

Encourage your child to participate and engage in activities other than sitting in front of the PC and TV. Limit screen time so that your child is active and doesn't bear the risk of increasing body fat. Apart from being fit, your child will also be protected from the harmful effects of the screen.

Oral health is a must

Teach your children to brush at least twice daily with a good fluoride toothpaste to maintain oral health. Ask your child to avoid nibbling foods all day long and avoid intake of any food after brushing your teeth at bedtime.

Mrs Gattey

DSL Lead/Assistant Headteacher

PARENTING COURSE

Care
for the
Family

**27th Jan
12.45pm-2pm at
Leatherhead Methodist
Church**

Church Road Leatherhead
KT22 8AY

For more information or to book your place,
Contact joycey.lmcyouth@gmail.com

